




**Creative Attention**

*opening minds • engaging hearts*

## Coaching Conversations that Work

Building on a Foundation of Authenticity

proudly co-sponsored by Boys & Girls Club Edmonton 

**Coaching Conversations that Work** is a stimulating and dynamic two-day workshop that provides new perspectives and practical tools for highly effective communication.

**Trapped** in pointless power struggles with others?  
**Challenged** by their unwillingness to take responsibility?  
**Frustrated** at going round and round in circles?

Through a variety of exercises, activities, presentations and demonstrations, you will discover and practice **ways of being** that invite real meeting and facilitate open and honest communication.



### OBJECTIVES:

- Learn key coaching skills that enable you to be effective and to continue to grow
- Learn to ask powerful questions that move a conversation beyond blah-blah.
- Learn how you can leave responsibility where it belongs without losing your friends
- Learn how to engage in full-bodied listening and to be fully present with others

*"I cannot say enough about the quality of the skills gained in this 2 day interactive session. I honestly feel it has revolutionized the way I interact with clients and even co-workers. I am much more effective in my work and the result I hadn't anticipated is an increase in energy!*

**Robin Klasson, Fmr. Co-ordinator, Parent Talk, Boys and Girls Club, Edmonton**

*"Amazing! Amazing! It helps you learn about helping others but most of all ... about yourself ... and learning to live authentically."*

**Tazwea Sandy – Fmr. Parenting Educator, YMCA  
Edmonton**

### Workshop Details:

**When:** 9:30 am to 5:00 pm - Wednesday and Thursday, October 30 and 31, 2013

**Where:** Stanley Milner Public Library Room 5

**More Info:** Creative Attention Canada, 780-465-1721, [cctw@co-creating.ca](mailto:cctw@co-creating.ca)

**To Register:** [www.co-creating.ca/Registration](http://www.co-creating.ca/Registration) or <http://creativeattention.eventbrite.ca/>

**Tuition:** \$287 regular; \$257 early bird by October 10; groups of 2 or more are discounted;

**Premium Bonus:** \$387 / \$357 includes 2 post-course coaching sessions, a \$250 value.

Tel 780-465-1721 Fax 780-438-6197 [www.co-creating.ca](http://www.co-creating.ca) email: [programs@co-creating.ca](mailto:programs@co-creating.ca)

**This *experiential training* provides valuable insights and practical skills that support change in how you relate to others in your personal and professional life, and how others relate to you.**

*“As human beings, our greatness lies not so much in our ability to remake the world—that is the myth of the atomic age—as in being able to remake ourselves.” Mahatma Gandhi*

*“Coaching will make me a more effective leader, parent and friend.”*

*Petra Zimmermann, CFO, Medical Imaging Consultants*

*“It’s a wonderful way to relate to others.” Pedro Vega, hotelier*

*“A great way to learn about yourself and get good coaching.”*

*Aydan Dunnigan Vickruck, Office of the Public Administrator*

### **About Creative Attention**

Creative Attention provides coaching, facilitation, family constellation and family constellation as well as advanced communication and leadership development training. We support the development of your inherent intelligence and creative capacities. We work with organizations, individuals, groups, agencies and communities. ([www.co-creating.ca](http://www.co-creating.ca))

### **About our Presenter/Trainer**

#### **Barbara Ashley Phillips**



Barbara is a professional coach, mediator and facilitator of difficult conversations in groups. She is passionate about seeing people discover their own innate wisdom and abilities and have meaningful conversations they never thought possible. The Deep Magic flows in her workshops and facilitations.

She has had years of practice as a lawyer and as a leading edge professional mediator (including writing two books on the subject). She draws on her extensive experience with conflict resolution to offer fresh, powerful ways of communicating, that facilitate personal and organizational change. Other programs she leads include *Leading from Any Chair*, *Dealing with Difficult*

*People*, *Letting Go of Fear* and *Creative Attention’s A Day to Enjoy*.

*Barbara Phillips is brilliant. She is incredibly insightful – not simply in spotting surface issues, or even those that lie hidden beneath the surface – but in rooting out the deeply subconscious, artfully camouflaged, deliberately locked away issues that are key to transformational outcomes. She is gentle, kind, intelligent and articulate, and possesses uncanny accuracy and limitless courage. She has had a profound impact on thousands. May you be fortunate enough to be one of them.* Kenneth Cloke - President and Founder, Mediators Beyond Borders